



# MEXICO JUNIOR WINTER BREAK CAMP WITH JONATHON POWER

**Puerto Vallarta, Mexico  
December 26, 2012 - January 1, 2013**

This year we are excited to offer a unique winter camp experience. Junior squash camp in beautiful Puerto Vallarta, Mexico! Enjoy a week of mid-season squash training, relaxing in the sun, playing in the surf and visiting the rainforest canopy.

The Power Squash Academy Junior Winter Break Camp is designed as a midseason intensive squash experience for the competitive junior player. The five days of squash will focus on technique, match play and strategy and fitness. Our Elite Training camp is designed for the competitive junior player, who is dedicated to improving their game.

## **PUERTO VALLARTA, MEXICO**

### **THE PLACE**

Puerto Vallarta is located on the Bay of Banderas, one of the most naturally beautiful bays of the world where you'll encounter marvellous coves and beaches which extend from Punta de Mita to Cabo Corrientes. Puerto Vallarta is nestled in the midst of 16 miles of beaches. There are areas of dense jungle, vegetation spotted with bursts of color from exotic tropical plants that give way to rocky river beds which tumble and feed into the open sea; step mountain sides where villas and casitas look as if they were merely tacked onto the hillsides.

### **SQUASH TRAINING**

Five days of squash training (Dec. 26 and Jan. 1 are travel days) with Jonathon Power, former world #1, at the helm of the coaching staff along with Junior Elite Coach, Ian Power, and Manuel Loza, former World #2 in both hardball and doubles squash and Director of Sport, Jalisco Provence. The program is

designed by Jonathon using his proven methodology ensuring positive results and personal attention.

The camp will require a minimum of 8 players will not exceed 16.

### **AFTER-PRACTICE ACTIVITIES & ACCOMMODATION**

The PSA ensures that campers have as much fun off the court as they do on. Although the PSA is about squash, we also understand the importance of supporting the whole child. With this in mind, we value the relationships and friendships that are forged among participants and with the coaches.

The Buenaventura Grand Spa and Hotel, an all inclusive resort, is a great place to stay and the perfect spot for relaxation, all set against a backdrop of tropical nature at its best and a picture perfect city. Set in the heart of lively Puerto Vallarta, the resort gives you the opportunity to immerse yourself in local Mexican excitement and charm. We have a block of beautifully appointed ocean-view rooms with balconies ready to help you recharge your battery between the squash court and the beach. The round-the-clock service ensures that no desire is left unmet.

In addition to squash, the group will go on an excursion to the rainforest canopy, on a walking tour of the city of Puerto Vallarta, and partake of all activities and nightlife at the resort. These include beach activities such as beach volleyball, kayaking, swimming, pool games, intro to scuba, etc.

### **MEALS**

The Buenavetura Grand Hotel and Spa is an all-inclusive resort set on the beach in the heart of beautiful Puerto Vallarta. All meals but a few special group meals will be taken at the resort.

### **FAMILIES AND UNACCOMPANIED MINORS**

Families are welcome (non-players are priced accordingly) and are invited to participate in all non-squash related activities at no extra charge. For those siblings under 12, a Kidz Club is available at the resort.

Parents of unaccompanied minors will be required to sign guardianship letters required for international travel to Mexico. Unaccompanied minors will be chaperoned in the evening by a responsible adult staff member and are expected to adhere to all Power Squash Academy guidelines.

### **CONTACT US**

Space is limited, for more information please contact Julie Leizman:  
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