VKTRY Performance Insoles

Improving Athlete Protection, Recovery & Performance



An athlete's interaction with the ground is of the utmost importance in determining how well and how quickly an athlete moves.

Introducing VKTRY Insoles (aka VKs). Backed by ten years of R&D and several 3rd party scientific studies, VKs are designed to help an athlete in three ways: improved performance, protection from injury, and aid in injury recovery. And VKs can be especially helpful for athletes competing in racquet sports.

Improved Athletic Performance

VKs are full length carbon fiber insoles designed with aerospace grade carbon fiber. The patented shape and engineered carbon fiber layering maximizes ground force to help propel an athlete in any direction, no matter the sport.





VKs store energy when the foot hits the ground and release that energy as the foot leaves the ground. Independent test results show impressive improvements for athletes in explosiveness, lateral movement and leaping ability. VKs can specifically help provide more leverage for a racquet sport athlete's plant foot to increase groundstroke power.

"VK Insoles are game changers. They substantially helped enhance my performance and I believe every athlete should have a pair of VKs," claimed Paul Mathieson, former National Champion and Professional Squash Player.

Injury Protection

"The VK is a low profile, lightweight, corrective/performance insole that is unlike anything I have ever seen", stated Gary Vitti, Head Athletic Trainer for the L.A. Lakers. "I love this product because it will change ground contact and movement efficiency in the sports world."

"The best way to treat an injury is to protect yourself from one," said Vitti. "The VK is the best combination of shock absorption while maintaining stability that I have ever seen on the orthotic market."

By providing an exceptionally stable foundation for the foot, VKTRY Insoles help protect athletes from injuries such as Plantar Fasciitis, Turf Toe, Lisfranc Sprains, Achilles Tendonitis, Posterior Tibial Tendonitis, and other foot and lower leg issues.



Injury Recovery

By providing added propulsion and stabilizing the midfoot, VKs replace much of the spring normally lost after an injury. Since injured joints, muscles and tendons lose the ability to function efficiently, VKTRY



Insoles help to replace the lost propulsion and provide a gentle, protective splinting action for the injured joint during recovery. VKs help get athletes back onto the field faster.

"I have experimented with VKTRY Insoles over the last 2 years and have been able to successfully treat over 80% of my athletes suffering from foot injuries," stated Jack Marucci, Director of Athletic Training at LSU. "The preventative and protective nature of VKs is valid and undeniable. Because of the product's design, I can reduce sports injuries and improve recovery time."

Customization Delivering Optimization

"For most of my life, I have been caring for the feet of athletes and for the last 10 years I have worked with the US Olympic Bobsled & Skeleton teams," said Matt Arciuolo, Certified Pedorthist and inventor of VKTRY Insoles. "I know from experience that one size does not fit all."

VKs are available in five different flexibility types (Pro3 through Pro7). Depending on the athlete's sport, shoe size and body weight, VKTRY's proprietary algorithm calculates the optimal Pro level for each individual to help in both protection and propulsion. VKs are currently being worn by hundreds of athletes across the sports world from high school to college athletes, Olympians to professionals.

VK Insoles are proudly made in the USA by VKTRY Gear. For more information, check out *VKTRYgear.com*.

